



# *EmployeeConnect*<sup>s™</sup> services

- Company sponsored
- Strictly confidential
- Provided at no charge to you
- Available to you and your dependents 24/7

#### You get:

- Unlimited phone access to legal, financial, and work-life services
- In-person help with shortterm issues
- Up to five\* sessions per person, per issue, per year

Detach and keep this card with you at all times.

## **EmployeeConnect**<sup>sm</sup>

#### Employee Assistance Program Services

Family

Parenting

Addictions

Emotional

Financial

Relationships

Legal

Stress

Confidential help 24 hours a day, 7 days a week for employees and family members

- Compsych\* GuidanceResources\*Worldwide
- Visit www.GuidanceResources.com (user name = LFGsupport; password = LFGsupport1). Or talk with a specialist at 888-628-4824.

The resources you need to meet life's challenges.

Life has its share of ups and downs — and sometimes you may need a little guidance through the "downs." *EmployeeConnect*<sup>™</sup> services offer an array of confidential services to help you and your loved ones meet the challenges that life, work, and relationships can bring.

### Unlimited 24/7 assistance

You can access the following services anytime, online or with a toll-free call:

- Information, resources, and referrals on family matters, such as child and elder care; kennels and pet care; event and vacation planning; moving and relocation; car buying; college planning; and more
- Legal information and referrals for situations requiring expertise in family law, estate planning, landlord/tenant relations, consumer and civil law, and more
- Guidance with financial matters, including household budgeting, and shortand long-term planning

### **In-person guidance**

Some matters are best resolved by meeting with a professional in person. With *EmployeeConnect*, you get:

- In-person help for short-term issues (up to five\* sessions with a counselor per person, per issue, per year)
- In-person consultations with network lawyers, including one free 30-minute in-person consultation per legal issue, and subsequent meetings at a reduced fee

\*In California, up to three sessions in six months, starting with initial contact by employee.

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### **Online resources**

*EmployeeConnect* offers a wide range of information and resources that you can research and access on your own just by visiting GuidanceResources.com. You'll find:

- Articles and tutorials
- Streaming videos
- Interactive tools including financial calculators, budgeting spreadsheets, and a language translator

### *EmployeeConnect*<sup>SM</sup> counselors are experienced and credentialed

When you call our toll-free line, you'll talk to an experienced professional who will provide counseling, worklife advice, and referrals. All counselors hold master's degrees, with broad-based clinical skills and at least three years of experience in counseling on a variety of issues. For face-to-face meetings, you will be referred to a fully credentialed, state-licensed clinician.

## You'll receive a customized information packet for each of the work-life services you use.



To take advantage of the *EmployeeConnect*<sup>™</sup> program, or for more information: Visit www.GuidanceResources.com or call 888-628-4824.

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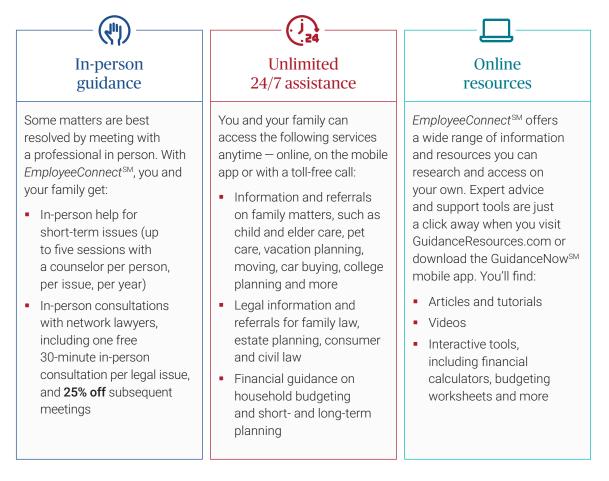
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## The resources you need to meet life's challenges



*EmployeeConnect*<sup>SM</sup> offers professional, confidential services to help you and your loved ones improve your quality of life.



## EmployeeConnect<sup>SM</sup>

#### **EMPLOYEE ASSISTANCE PROGRAM SERVICES**

Confidential help 24 hours a day, seven days a week for employees and their family members. Get help with:

Legal

Financial

- Family
- Parenting
- Addictions
- Emotional

  - Stress

Relationships

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We partner with your employer to offer this service at no additional cost to you!



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## You'll receive customized information for each work-life service you use.



To take advantage of the *EmployeeConnect*<sup>SM</sup> program or for more information: Visit GuidanceResources.com (username: LFGSupport, password: LFGSupport1), download the GuidanceNow<sup>SM</sup> mobile app or call 888-628-4824.

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#### EmployeeConnect<sup>SM</sup> EMPLOYEE ASSISTANCE PROGRAM SERVICES

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  password: LFGSupport1)
- Download the GuidanceNow<sup>SM</sup> mobile app
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