

Hapeville Charter Middle School and Hapeville Charter Career Academy Wellness Policy Implementation Checklist

ACMS

Nutrition Education	YES	NO
Education Links with School Provide nutrition education lessons, and integrate education with other school health initiatives.	✓	
Educational Reinforcement School Wellness Committee Hapeville Charter Middle School PTCO Hapeville Charter Career Academy PTCO Fulton County Health Department	✓	
Nutrition Promotion Participation in programs that promote and reinforce healthy school nutrition environments Promotions and programs which include students, staff, and families	✓	
Curriculum/Content Areas Implementation of a comprehensive health education curriculum which includes nutrition concepts and skills in accordance with Georgia Standards	✓	
After School Programs Provide physical activity opportunities as a component of after school programs	✓	
Cafeteria Based Nutrition Education Visit classrooms and explain how the school food service program ensures that meals meet U.S. Department of Agriculture (USDA) nutrition standards and the Dietary Guidelines for Americans Invite classes to visit the cafeteria kitchen and learn how to prepare healthy foods. Involve students in planning the school menu Offer foods that reinforce classroom lessons Display nutrition posters in the cafeteria and distribute nutrition information		
Nutrition Guidelines for Foods Available During the School Day	✓	
Foods available during the School Day School meals and meet federal, state and local regulations and guidance as issued by the Secretary of Agriculture under the United States Department of Agriculture (USDA), Georgia State Board of Education, and the Fulton County Board of Education.	✓	
Other School-Based Activities to Promote Student Wellness		
Promotions/programs: Introduce wellness programs to staff members Health screenings	✓	

Physical activity and fitness Nutrition education Weight management Smoking cessation Stress management Present information at regular staff meetings Include flyers and brochures with paychecks Place information into newsletter articles, brochures and email messages Recommend health insurance discounts for participants	✓	
Environment Promote a clean, healthy, safe environment conducive to maximizing instructional focus. Examples of clean and safe environments: School meals are served in a clean and pleasant setting. Dining areas will be attractive and have sufficient space for seating. Appropriate supervision in school cafeteria areas and serve as role models to the students. Hand-washing equipment and supplies are placed in a convenient place so that students and staff may wash their hands before eating, or that students and staff will have access to hand sanitizing supplies before eating meals. Drinking fountains available for students to drink water at meals and throughout the day.	✓	
Physical Education and Physical Activity		
Sequential, standards-based, physical education Instruction to include health related fitness components will be available for students. Health related fitness focuses on activities which promote a healthy lifestyle.	✓	
Physical activity opportunities after school for students in grades 6-8 and 9-12 Provide physical activity opportunities after school for students in grades 6-8 and 9-12 After school sports teams College Park Boys and Girls Club Hapeville Recreation Center Union City opportunities	✓	
Physical activity is not used as a punishment.		✓
Physical activity is not withheld as a punishment.		✓
List additional wellness components include at the school:		

Principal's signature: _____

Date: _____

Employee Print Name: Octavia Dusk

Employee Signature: [Signature]

Date: 8/30/18

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Principal's signature: _____ Date: _____
Employee Print Name: Cornelius Walker
Employee Signature: Cornelius Walker Date: _____

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List additional wellness components include at the school:		

Principal's signature: *Julie G. Jones*

Date: 12/6/18

Employee Print Name: SOMARIE COLLINS

Employee Signature: *[Signature]*

Date: 12-6-18

